



I COULD NEVER FORGIVE THEM | WEEK 4
PASTOR MATT SCOBELL

Lie #4: I could never forgive them.

"There's trauma for people who have ever been abused physically, sexually, emotionally. There's trauma for people of color and people who have been on the margins. There's trauma for all of us. It's just different levels of trauma. You know, I mean, to escape childhood with nothing is—I haven't met that person yet." – Brené Brown

Reasons we don't forgive (that no one talks about):

1. We don't want to _____ the pain.

"Sometimes you gotta go back to actually move forward."
– Matthew McConaughey

2. We have made the pain _____ of our life.

3. We have never _____ like forgiving.

The question is not: How much forgiveness do they deserve?

The question is: How much _____ do you desire?

"Forgive your worst enemy. It will heal your soul and set you free."
– Eva Kor

Matthew 5:44

Luke 17:4

John 8:6-11

The 'how' of forgiveness:

1. _____

Luke 18:14

Luke 18:10-14

"I'm not as good as I think I am."

Matthew 5:21-22

Matthew 5:27-28

There is no _____ of sin in God's eyes.

2. _____

*"Empathy involves understanding another person's situation... you must be able to place yourself in someone else's shoes and feel what they are feeling and without **judging** them."* – Brené Brown

_____ and _____ cannot coexist.

*"As negotiators we use empathy because it works. Empathy is why the three fugitives came out after six hours.... It's what helped me succeed at what Sun Tzu called 'the supreme art of war': **to subdue the enemy without fighting.**"* – Chris Voss

"Empathy is the primary construct to true forgiveness." – Dr. Ken Miller

"One-third of individuals who were abused will become abusers themselves."
– New York Times

There are many offenses that are beyond your _____ to forgive.

John 20:22-23 MSG

Will you step into freedom?

ability
Judgement, empathy
Empathy
level
Humility
freedom
felt
part
relive



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